

## **EXECUTION (EXE) – CHILDREN**

## Maximum points of the execution are 10.00

- execution 9.8
- bonus points 0.1 or 0.2 (depending on the group size)

Requirements and types of	Deduction per mistake (each time/each element, unless otherwise specified)		
mistakes	Minor: -0.1	Medium: -0.2	Major: -0.3
Posture and supporting line, healthy aspects	<ul> <li>incorrect supporting line (e.g. position of the supporting leg (in balances) or shoulders and hips not in line)</li> <li>poor posture</li> <li>heavy ending of the lift</li> </ul>	- body control lost during or in ending of the lift	- landing from jump/leap while still in back bending - in a lift, clearly poor posture/supporting line by lifting gymnasts
Basic gymnastics technique	<ul> <li>insufficient extension</li> <li>difference in execution between gymnasts</li> <li>lack of fluency/continuity</li> <li>lack of lightness</li> </ul>	-	-
Loss of balance (in any movement):	with unnecessary movement (each time/gymnast)	with unnecessary hop (each time/gymnast)	with support on hand, foot or other part of the body (each time/gymnast)
Unity	<ul> <li>lack of synchronization</li> <li>imprecise planes, levels or directions</li> <li>inaccuracy between movement and rhythm of the music</li> <li>inaccuracy in formations</li> </ul>	-	-
Collision between gymnasts	execution is not or is slightly disturbed	execution is clearly     disturbed for 1 gymnast	execution is clearly disturbed for 2 or more gymnasts
Physical characteristics: - lack in some area (flex., strength, etc.) during the whole program	slight lack (group/each area)	clear lack (1-2 gymnasts/each area)	clear lack (group/each area)

Requirements and types of	Deduction per mistake (each time/each element, unless otherwise specified)		
mistakes	Minor: -0.1	Medium: -0.2	Major: -0.3
Body movements:  - incorrect technique  - characteristics not shown for basic body movements  Jumps and leaps:  - incorrect technique  - characteristics not shown (shape not fixed, low elevation, poor body control, heavy landing)	Small mistakes in technique of an element	Partly incorrect technique of an element	Totally incorrect technique of an element
Incorrect technique     characteristics not shown     (shape not fixed, insufficient amplitude, poor body control, insufficient rotation)			

Total fall in any movement	-0.4 each gymnast/ each time
Lift fails	<ul> <li>lift fails: -0.5 each time</li> <li>gymnast(s) fall to the floor from lift: -0.5 each time</li> </ul>
AGG technique: - lack of total AGG technique	-0.3 whole program
Bilateral work     missing balances or jumps/leaps for the non-dominant leg	-0.2 each missing element

**Bonus points** (proposal): All of the elements and series are executed on an excellent level and are well synchronized: + 0.1 (group size 6-8 gymnasts) or + 0.2 (group size 9 or more gymnasts)

## Penalty by Head Judge

- -0.50 for each missing or additional gymnast
- -0.10 for each gymnast each time for crossing the borderline